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## You – Road safety starts with you

- Always be fit to be on or around our roads – think about the effects of fatigue, drugs, alcohol
- Eliminate distractions and stay focused on the road, whether as a pedestrian, bike / scooter / skateboard rider, or driver
- Develop a plan prior to starting your journey – map your route and rest stops
- Look and be seen when using the road – think clothing for visibility and protection, lights and reflectors
- Attitude – think patience, courtesy
- Scan the road ahead for potential hazards
- Always maintain a safe following distance – think reaction time

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## Preparedness – Things you can do ahead of time

- Ensure your vehicle, motorcycle, bicycle or scooter is well maintained and in good working order
- Include regular checks and services – good tyre tread, tyre pressure, oil and water levels, light function
- Pack your vehicle correctly – are your luggage and passengers secure?
- Know how to change a tyre
- If towing a trailer, caravan or boat, ensure you are confident and well versed in ways of towing
- Emergency plan – think contact numbers, radio stations, local government websites

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## Hazards – Be prepared for the unexpected & drive to suit the conditions

- Weather conditions – check the forecast for severe storms, hail, fog, heavy rain
- Extreme weather events – think flood waters and bush fires
- Changes in road conditions – think wet, gravel, ice and snow
- Dust and unsealed roads – think variations and changes to road surfaces, reaction times and how that may affect the grip of your tyres
- Wildlife – always scan the road ahead
- What to do in case of an emergency – think first aid kit, phone numbers, spare tyre / tools

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## Action – Be the change you want to see on the road

- Take personal responsibility
- Improve your in-car behaviour and model good practices
- Share your road safety resilience plan
- Take the Road Safety Promise